

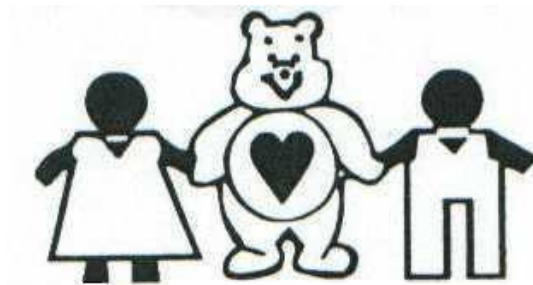
**CORPORATION OF THE TOWN OF
COCHRANE**

COCHRANE CHILD CARE CENTRE

435 TENTH AVENUE/ 705-272-4812/FAX: 705-272-2718

GARDE D'ENFANTS DE COCHRANE

399 EIGHT STREET/705-272-4393/FAX 705-272-4389



PARENTS HANDBOOK



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OUR MISSION STATEMENT

Promoting the well-being of our communities' children!

Where children are valued for their ability to do meaningful work, their wonder and curiosity, their perspectives, and ability to play---

Where families are valued for their bonds and traditions, their ability to play, their commitment to work, home and community, and their dreams for their children---

Where staff are valued for their vision, their delight in children, their skill, heart and knowledge, a commitment to families and an ability to play.

WELCOME TO THE COCHRANE CHILD CARE CENTRE

The Corporation of the Town of Cochrane established the Cochrane Day Care Centre in September 1973, to ensure the quality of care for all children in our community. Funding was received to build a hub centre and in February of 1986 the Cochrane Child Care Centre opened and now includes the operation of the EarlyON Cochrane Child and Family Centre. In March of 2010, the Town of Cochrane began operation of the Garde d'enfants de Cochrane Francophone child care centre located in École Catholique Nouveau Regard. The Cochrane Child Care Centre/Garde d'enfants de Cochrane are nonprofit Centres licensed under the Child Care and Early Years Act 2014 by the Ministry of Education.

We have taken great care in ensuring that our facilities provide your child with a stimulating, positive and caring environment for learning and play. We are a licensed facility; therefore, we follow strict regulations which ensure the safety of your child, high quality of program content, adequate supervision, and consistent and reliable care. The environment has well-defined play areas and stimulating activities that encourage various peer interactions. Research states that children need to interact with other children to develop important social and language skills. We believe that a child's development is greatly enhanced through parental involvement in their care and education. We encourage parents to visit all programs prior to entry into the centre and continue to stay involved in their child's child care experience.

Program Statement

The Cochrane Child Care Centre, Garde d'enfants de Cochrane and the EarlyON Cochrane Child and Family Centre each provide a safe and positive learning environment where children can enhance their level of development through experiences supported under the guidance of specially trained Educators who use pedagogical documentations to identify the children's learning journey. We believe that play is a means to early learning that capitalizes on children's natural curiosity and exuberance. Children learn best when they can play, explore the world, and interact with adults and peers. Their explorations require flexibility and inventiveness. Children are viewed as competent, capable, curious, and rich in potential.

Children react to the outcomes of their investigations and create strategies for discovery. Play is the platform for inquiry and exploration.

To strengthen the quality of programs and ensure high quality experiences that lead to positive outcomes in relation to children's learning, development, health, and well-being the Cochrane Child Care Centre uses the document "*How Does Learning Happen? Ontario's Pedagogy for the Early Years*" (2014) for the purpose of guiding our child care and early years programs and services consistent with the Minister's policy statement on programming and pedagogy. Additional resources we reference in our child care and early years programs include "*Early Learning for Every Child Today: A Framework for Ontario Early Childhood Settings*", and "*Think, Feel, Act: Lessons from Research about Young Children*".

Every child has a sense of belonging when he or she is connected to others and contributes to their world.

Every child is developing a sense of self, health, and well-being.

Every child is an active and engaged learner who explores the world with body mind and senses.

Every child is a capable communicator who expresses himself or herself in many ways.

The Child Care and EarlyON physical environments are divided into interest areas for the children to explore. These areas are designed with the children's current interests and development in mind, and to expand on them. The interest areas include language and literacy, math and number concepts, art, puzzles, games, and manipulatives, science and discovery, blocks and building, dramatic play, music, and movement.

Children are given the opportunities to learn about art concepts, creativity, cause and effect, identify colors and shapes, refine hand-eye coordination, develop small and large muscles skills, express feelings, practice sharing, experience pride, practice decision making, logical thinking skills, language, literacy, symbolic thinking, expanding vocabularies, and much more during child initiated and Educator supported experiences. The children are always encouraged to interact and communicate in a positive way and are supported in their ability to self-regulate through role playing, modelling, and scaffolding. Child Care Educators are to acknowledge where the child is performing and provide the necessary level of support to allow the child to be successful. Learning to self-regulate is different for each child. The Educator's role is to assist children with strengthening their self-regulation skills. Understanding that each child may need a different level of support with their physical, emotional, and behavioral regulation is critical for Educators to assist with developing a child's skills. By intentional planning, reflecting, and attending to the environment, educators can develop and implement the necessary strategies to assist children with developing their self-regulation skills. Each day we plan for and create positive learning environments and experiences in which each child's learning and development will be supported.

During the day we incorporate indoor and outdoor play. The children enrolled in our full day programs spend an hour a day in the morning and an hour a day in the afternoon, minimum, in outdoor play weather permitting, children in our Before and After School programs spend 30 minutes, minimum in outdoor play. It is very important that the children all have adequate outdoor clothing. If a field trip is planned only the children with parent or guardian permission are allowed to participate in field trips. During inclement weather, the children engage in active indoor play such as music and creative movement, parachute play, or activities from the Rainbow Fun program. The EarlyON program ensure to offer a minimum of one planned outdoor program a week, and makes use of the outdoor play areas during regular programs planned at the Centre. For more information on Outdoor play please refer to page 21.

We have a rest period each day, of no longer than 2 hours, after lunch during which time each child in the Toddler and Preschool programs are given cots to rest on and the children may sleep, rest, or

engage in quiet activities based on his or her own needs. Children in the Infant program will rest or sleep based on each child's individualized needs. Each child's schedule will be based on ongoing consultations and written instructions provided by a parent or guardian of each child. All Infants will be placed for sleep in a manner consistent with the recommendations set out in the Joint Statement on Safe Sleep.

The Cochrane Child Care Centre promotes the health, safety, nutrition, and well-being of the children.

We employ a full time cook who works at the Cochrane Child Care Centre that offers two healthy well-balanced snacks, one in the morning and one in the afternoon, and a balanced lunch that follows Canada's Food Guide. For Garde d'enfants de Cochrane snacks are prepared on site and lunch is transported from the Cochrane Child Care Centre following all guidelines for food transportation from the Porcupine Health Unit. Weekly menus are posted by the Parent Communication boards for the current and following week. All parents are encouraged to review the menu and speak to staff if they have any suggestions or concerns. During snack and lunch the children are offered choices and food is served family style allowing for the children to serve themselves, to the best of their ability, creating positive eating environments. Children under the age of one year old will be fed following the written instructions provided by their parents. Parents may review the menu and highlight any items that are safe for their child to consume. If the child requires food that is not offered it must be provided by the parents in a container clearly labelled with the child's name, not contain any ingredient that other children in attendance have an anaphylactic allergy to, and the food provided must reflect the Canada's Food Guide.

We have monthly fire drills when the fire alarm sounds and the children are taught what to do in case of a fire.

We follow the guidelines as established by the Porcupine Health Unit using "*Safe Healthy Children Manual*" "*Sun Safety Guide for Daycare Centres*", and "*Communicable Disease and Immunization Manual*".

Community agencies such as the Fire Department, Cochrane Detachment of the Ontario Provincial Police, Public Library, various programs offered by the Porcupine Health Unit, and other community partners are invited into our facilities in helping us teach the children about health, safety, and wellness.

We believe that parents are the most important teachers and caregivers of their children and parent views are respected and valued. Children benefit from the open communication, cooperation and support between parents and child care staff.

The Cochrane Child Care Centre and Garde d'enfants de Cochrane have a parent communication board where our license, menus, and events can be found. Both Child Care programs keep parents updated regarding eating, sleeping and toileting of their children with the Hi Mama app. During drop off or pick up is a good time for quick discussions with educators about any changes you have noticed your child may be experiencing or concerns you may have. If a longer block of time is needed to speak to the Child Care Educators about questions or concerns you may have, a meeting may be scheduled with them. We encourage parent involvement in our Centres and welcome any suggestions you may have. Each year the Cochrane Child Care Centre hosts fun family events for you and your child's enjoyment such as our

Family BBQ, Graduation, Trick or Treating, and Christmas Pot-Luck lunch Party. This is a fun time to see your child interacting with their friends, staff, and to meet the parents of other children in your child's group.

The Cochrane Child Care Centre Garde d'enfants de Cochrane and the EarlyON Cochrane Child and Family Centre each have a Facebook page where pictures, videos, news and updates can be found. Please indicate in writing if you do not wish your child's picture be included.

The Child Care and EarlyON Educators are supported in their continuous professional learning. Staff attend conferences, workshops, and in service training to ensure that quality programming is being delivered by specially trained educators. Each educator has a valid certification in standard First Aid, including infant and child CPR and each staff and volunteer over the age of 18 has undergone a Vulnerable Sector Check with the local police detachment.

All staff and volunteers must review and sign off on each policy and procedure prior to interacting with children, and annually after that.

Locations

The Corporation of the Town of Cochrane provides licensed child care in two locations.

Cochrane Child Care Centre – 435 Tenth Avenue–Licensed capacity 79

Infants (younger than 18 months) up to 10 children

Toddlers (18 Months – 30 Months) up to 15 children

Preschool (31 Months – 5 Years) up to 24

School Age (68 Months – 12 Years) up to 30.

Full and part time programs are available.

Garde d'enfants de Cochrane – 399 8th Street – Francophone Centre – Licensed capacity 61

Toddler (18 - 30 Months) up to 15

Preschool (31 Months – 5 Years) up to 16

School age (68 Months – 12 Years) up to 30 children.

Full and part time programs are available.

Integrated Program

The Cochrane Child Care Centre is a licensed and integrated center. In addition to participating in the daily child care program, your child can also strengthen needed skills with individual programs

provided by our Resource Teacher. The Resource Teacher works under the guidance of Community Professionals. The following agencies offer their services to the Integrated program:

- ❖ CDSSAB Child Services
- ❖ Children's Treatment Centre
- ❖ Kuuwanimano Child and Family Services
- ❖ Infant Development Program
- ❖ North Eastern Ontario Family and Children's Services

Please note that this portion of the program has limited spaces. The Cochrane Child Care Centre provides inclusive care for children who have been assessed as having special needs in various areas of development. If special assistance or enhanced program support is needed, the program Supervisor and Resource Teacher will consult with the parents and/or guardians to determine how the centre can support the child and the family. The Centre is wheel chair accessible.

Hours of Operation

The Centre is open daily from 7:30 p.m. to 5:45 p.m., Monday to Friday.

The Centre will be closed for the following statutory holidays:

New Year's Day	January 2 nd	Family Day
Good Friday	Easter Monday	Victoria Day
Canada Day	Labour Day	Civic Holiday (1 st Monday in August)
Labour Day	Thanksgiving Day	Christmas Day

Note: Both Centres are closed from December 24th to January 2nd each year.

Staff

The Centre employs Registered Early Childhood Educators as required by the Child Care and Early Years Act along with Teacher's Aids and a Cook who prepares meals for both sites. Our educators are well trained and attends professional development workshops when available throughout the year. They are dedicated and committed to providing your child with the best care and education and support.

O.Reg. 137/15 under the Child Care and Early Years Act 2014 (CCEYA) provides that all staff is required to obtain a Vulnerable Sector check before they begin employment. A new Vulnerable Sector Check on or before every fifth anniversary after the date of the most recent check; and an offence declaration, in every calendar year except a year in which a vulnerable sector check is obtained.

O.Reg. 137/15 under the Child Care and Early Years Act 2014 (CCEYA) also provides that all staff is required to have a valid certification in standard first aid, including infant and child CPR.

Child Care Centre Policies

General rules and policies listed on the following pages must be observed if the Cochrane Child Care Centre/Garde d'enfants de Cochrane is to function effectively. Failure to observe these policies will result in discontinuation of service.

Our Enrollment Options

We offer full time and part time enrollment for children. **Child Care Fee Subsidy is available specifically to provide financial assistance for childcare. This information is included in the registration packages.**

A completed package is required prior to your child's start date. Parents are encouraged to visit with their children prior to starting care. Visits help alleviate and reduce the anxiety of a new situation for both child and parents. Please speak with the Child Care Supervisor to set up times for these visits.

Registration and Waitlist Policy

Full Time Enrollment

Applications for registration of children on a full day, five day per week basis will be accepted on a "first come, first serve" basis. If, at the time of application, space is unavailable, children will be placed on the Full-Time Enrollment waiting list. As space becomes available children will be offered enrollment in the order that they were placed on the waiting list. The aim of the Child Care Centre in selecting enrollment of children is to ensure maximum use of all available enrollment "spaces", and as a result preference will be given to applications for full-time enrollments over applications for half day or part week enrollments. Additional enrollment spaces available will be filled by children registered on a part week or half day basis.

Part Time Enrollments

Parents wishing to have children registered for only certain number of days per week may also apply for enrollment.

Applications will be taken on a first come first serve basis if possible, but preference will also be given to children registered for enrollment for a full week, or greater number of days. For example, a request for 5 days per week will have preference over an application for 3 days per week etc.

Attempts will be made by the Supervisor to pair up applications, again with the aim of making maximum use of available spaces. For example, a request for 3 days per week will be matched with a request for 2 days per week. This would make full use of one available space on a full-time basis.

In the event application is made for full-time enrollment and no spaces are available, it may be necessary to limit the enrollment for part week registrations. The program Supervisor will select children enrolled for the least number of days and parents will be given the option of increasing the enrollment time. In the event the option is not exercised, parents will be asked to withdraw their child from child care to permit the fulltime enrollment. This will be unfortunate restriction for some children and parents but may be necessary to allow full use of the facility.

Attempts will be made at all times to accommodate all requests for child care space. We reserve the right to make enrollment changes in order to maximize use of spaces.

If you are on the waitlist and would like to see your position a list will be made available in a manner that maintains the privacy and confidentiality of the children listed on it but will allow you to view your position on the waiting list.

Fees For Services

The Cochrane Child Care Centre and Garde d'enfants de Cochrane are both enrolled in the Canada Wide Early Learning and Child Care System (CWELCC) which means that fees for children 5 years and younger are being reduced and will reach an average of \$10.00 a day by September 2025. Our base fee was frozen in March 2022 with the implementation of CWELCC and were the following:

Infant Full Day: \$37.50 Full Day all other programs: \$36.50
 Before School: \$6.00 After School: \$12.00 Before and After School: \$18.00

As of January 1st 2023 current fees for those under 6 years of age until either the end of the month they turn 6 unless they turn 6 from January 1st until June 30th than they will receive this rate until June 30th

Full Day Infant: \$17.72 Full Day all other programs: \$17.25
 Before School: \$6.00 After School: \$12.00
 Before and After School: \$12.00

There are also the non-base fees of the following:

\$25.00 per every 15 minute increment a child is picked up after our closing time of 5:45pm

\$40.00 service fee for all N.S.F. cheques

There may also be additional costs associated for Field Trips or special activities held at the Centre.

Fees for children who are 6 years and older starting on the 1st of the month after they turn 6 unless they turn 6 between January 1st and June 30th, in that case these rates will apply starting July 1st.

Full Day: \$38.00 Before School: \$7.50 After School: \$12.50

Before and After School: \$20.00

Rates for Summer Camp and March Break are as follows:

1st Child \$38.00 2nd Child \$29.75 3rd Child \$24.85

Non base fees are the same as outlined above

Arrival and Departure

Transportation to and from the Child Care Centre is the responsibility of the parents. Parents must accompany their child safely into the building and remain with the child until outdoor clothing is removed, hands are washed and the child is greeted by the staff. Parents are required to pick up their child before or at closing time. If the child has been picked **after 5:45 p.m.** they will be charged the current late fee. The parents will be called if further reminders are required and if the child continues to be picked up late a letter will be sent by the Child Care Manager in which the parents will be asked to refrain sending their child to day care if pick up cannot be made on time.

Staff have the right to question the release of your child to anyone other than yourself **or person(s) listed on the application form.**

If someone else will be sent to pick up your child, you are required to inform the Child Care Staff, and if necessary we require written authorization. Please discuss any special circumstances regarding custody or pick-up of your child with the Supervisor or Manager.

If the Staff have any question or concern about the identity or condition of a person picking up a child from the Centre, parents or the appropriate authorities will be contacted.

Holidays/Vacations/Absentism

Parents removing children during the holidays when the childcare facility remains open will be responsible for payment of all regular daycare fees and daily charges even though the child may not be present.

HOWEVER, parents may remove children for holidays or vacation for up to 10 days free of charge **PER TWELVE MONTH PERIOD** provided that the Supervisor has been advised in writing two weeks in advance. Children removed from childcare enrollment for holidays without prior notice will be billed full charges.

If your child is sick each child will be **entitled to 5 sick days per year**, once the sick days have been used you will be billed the daily rate. **The Centre must be contacted by 8:00 a.m. to use the allotted 5 days.** Unused sick days will not accumulate. **All** children will receive up to 10 days per year for absences at a cost of 50% of the current rate provided. **THE CENTRE MUST BE CONTACTED BY 8:00 A.M. TO USE THE ALLOTTED 10 DAYS.**

Children who are removed from childcare for any period longer than the three week period will not be guaranteed placement in their regular enrollment upon their return. Any children removed from childcare for such longer periods of time will be placed on the bottom of the waiting list and may be offered enrollment again at such time as space is available according to the placement policy. Parents removing their child from childcare for an extended period of time should advise the Supervisor as soon as possible that they wish to have their son or daughter put back on the Waiting List when they return.

Parent Issues and concerns

Parents and guardians are encouraged to take an active role in our child care programs and regularly discuss what their child(ren) are experiencing with our program. As supported by our program statement, we support positive and responsive interactions among the children, parents/guardians, child care providers and staff, and foster the engagement of and ongoing communication with parents/guardians about the program and their children. Our staff are available to engage parents/guardians in conversations and support a positive experience during every interaction.

All issues and concerns raised by parents/guardians are taken seriously by the Cochrane Child Care Centre/Garde d'enfants de Cochrane staff and will be addressed. Every effort will be made to address and resolve issues and concerns to the satisfaction of all parties and as quickly as possible.

Issues and concerns may be brought forward verbally or in writing. Responses and outcomes will be provided verbally, or in writing upon request. The level of detail provided to the parents/guardians will respect and maintain the confidentiality of all parties involved.

An initial response to an issue or concern will be provided to parents/guardians within 1 business day. The person who raised the issue or concern will be kept informed throughout the resolution process.

Investigations of issues and concerns will be fair, impartial, and respectful to parties involved.

Every issue and concern will be treated confidentially and every effort will be made to protect the privacy of parents and guardians, children, staff, students and volunteers, except when information must be disclosed for legal reasons (e.g. to the Ministry of Education, College of Early childhood Educators, law enforcement authorities or a Children's Aid Society).

Our centre maintains high standards for positive interaction, communication, and role-modeling for children. Harassment and discrimination will therefore not be tolerated from any party.

If at any point a parent/guardian or staff feels uncomfortable, threatened, abused or belittled, they may immediately end the conversation and report the situation to the supervisor and/or licensee.

Everyone, including members of the public and professionals who work closely with children, is required by law to report suspected cases of child abuse or neglect.

If a parent or guardian expresses concerns that a child is being abused or neglected, the parent will be advised to contact the local Children's Aid Society (CAS) directly.

Persons who become aware of such concerns are also responsible for reporting this information to CAS as per the "Duty to Report" requirement under the *Child and Family Services Act*.

For more information, visit

<http://www.children.gov.on.ca/htdocs/English/childrensaaid/reportingabuse/index.aspx>

Program related issues and concerns such as the schedule, sleep or rest arrangements, toilet training, indoor and/or outdoor program activities, feeding arrangements, or any other program related issue or concern should be raised to the program staff directly or the Child Care Supervisor.

General Centre or Operations related issues and concerns such as child care fees, menus, waiting lists, staffing, or related issues or concerns should be raised to the Child Care Supervisor or Child Care Manager.

Staff, Supervisor, and/or license-related issues or concerns should be raised to the individual directly or the Child Care Manager. Please note that all issues or concerns about the conduct of staff that puts a child's health, safety and well-being at risk should be reported to the Child Care Supervisor or Manager as soon as parents or caregivers become aware of the situation.

Student or Volunteer related issues or concerns should be raised to the staff responsible for supervising the volunteer or student, the Child Care Supervisor or Manger. All issues or concerns about the conduct of students and/or volunteers that puts a child's health, safety and well-being at risk should be reported to the Child Care Supervisor as soon as parents or caregivers become aware of the situation.

If able the issue or concern will be addressed at the time it is raised. If the issue or concern is not able to be addressed at the time it is raised a meeting with the parent/guardian will be arranged within 2 business days. All special requests are to be documented using the Special Instructions form which are to be reviewed and updated when any change is noticed, when the parent or guardian requests or if the child transitions to another program.

Staff are to document the issues or concerns in detail.

Documentation should include:

- ✚ the date and time the issue or concern was received
- ✚ the name of the person who received the issue or concern

- ✚ the name of the person reporting the issue or concern
- ✚ the details of the issue or concern; and
- ✚ and steps taken to resolve the issue or concern and/or information given to the parent or guardian regarding next steps or referral.

Ensure that the contact information for the appropriate person is provided if the person being notified is unable to address the matter.

Ensure the investigation of the issue or concern is initiated by the appropriate party within 1 business day or as soon as reasonably possible thereafter. All reasons for delay will be documented in writing.

A resolution or outcome to the parent(s)/guardian(s) who raised the issue or concern will be provided.

Where parents or guardians are not satisfied with the response or outcome of an issue or concern, they may escalate the issue or concern in writing to the Director of Community Services.

Issues or outcomes related to compliance with requirements set out in the *Child Care and Early Years Act, 2014* and Ontario Regulation 137/15 should be reported to the Ministry of Education's Child Care Quality Assurance and Licensing Branch.

Issues or concerns may also be reported to other relevant regulatory bodies (e.g. local public health department, police department, Ministry of Environment, Ministry of labour, fire department, College of Early Childhood Educators, Ontario College of Teachers, etc.) where appropriate.

Contacts:

Cochrane Child Care Centre (705) 272-4812

Garde d'enfants de Cochrane (705) 272-4393

Director of Community Services (705) 272-5084

CDSSAB (705) 268-7722

North Eastern Ontario Family and Child Services (705) 272-5777

Ministry of Education, Licensed Child Care Help Desk 1-877-510-5333 or

[childcareontario @ontario.ca](mailto:childcareontario@ontario.ca)

College of Early Childhood Educators 1-888-961-8558 info@college-ece.ca

Porcupine Health Unit (705) 272-3394

Cochrane Fire Department (705) 272-6758

OPP Cochrane Detachment (705) 272-4391

Ministry of Environment 1-800-389-6615

Ministry of Labour 1-800-463-2493

Inclement Weather/Building Closure

It is acknowledged that the operation of the Cochrane Child Care Centre as a public facility may, on occasion be affected by inclement weather or building maintenance and operations to the extent that the continued operation of the facility on a given day may be difficult.

If the weather on any given day is such that the continued operation of the Child Care Centre and such programs underway on that day may be difficult and result in risk, inconvenience, or hazard to the children, parents or staff of the Centre, the decision to close the facility at a specified time would be determined.

In the event the facility is closed the Child Care Manager shall:

- Arrange for notification of parents as to center's closure.
- Remain at the centre until all children, parents and staff have left the centre and a sign will be posted in the door advising of the closure.
- The Manager will ensure that the above is followed by the Garde d'enfants de Cochrane Supervisor if required.

Health and Safety/Illness

Parents must ensure that the Child Care Centre's files are updated on any change of information (address, phone numbers, place of employment, etc.....) in case of emergency. Parents assume responsibility for any expenses incurred for emergency treatment for their child.

For the health, safety and well-being of children and staff, the following guidelines are used to determine if a child should stay home or needs to be sent home due to illness. From time to time there may be additional health concerns that arise, and your child might be asked to remain home as per health guidelines from the Porcupine Health Unit. Staff has the right to refuse a child due to illness. Reasonable precautions are taken to safeguard children against illness.

Communicable Diseases: The child infected must be isolated from the other children immediately and shall not attend the centre until exclusion period has passed, or until cleared by a medical doctor. Immediate notification to the Centre is required when a child develops a communicable illness (measles, chicken pox, etc.)

Fever: If a child has a fever that is higher than 37.8 C/100 the child **must remain home**, or be sent home, until all symptoms have cleared and fever reducing medication is **no longer** required to control the fever for a minimum of 24 hours. Parents will be contacted and asked to pick up their child(ren).

Pink Eye (Conjunctivitis): If a child exhibits symptoms of Pink Eye (eye infection), the Supervisor is notified, the parents are contacted to pick up the child and the child should be diagnosed by a physician. If Pink Eye is confirmed, the exclusion period is 24 hours from the time the medication is administered.

Rashes: If a child displays an unidentified rash, the child shall be isolated from the other children. The Supervisor shall be notified and the parents will be contacted to pick up the child. The rash must be diagnosed by a physician or be completely clear prior to the child returning to the classroom.

Vomiting/Diarrhea: If a child has one episode of vomiting/diarrhea with no other symptoms of illness, the child may continue to participate in programs and shall be monitored by the staff. Parents are notified of the episode when they arrive to pick up the child. If a child has two or more episodes of vomiting/diarrhea at the Centre, parents will be notified and the child must be taken home. The child must remain home until the child no longer displays these symptoms for 48 hours (without the aid of medication).

Children becoming ill while at child care will be isolated and parents will be contacted to arrange alternate care. In the event we are unable to reach you, we will call the emergency contact to pick up your child. We suggest that you make alternate arrangements should your child be ill before it becomes necessary. Each child must meet the child care requirements for health and cleanliness. Parents will be informed of all toileting accidents, physical injuries or unusual occurrences happening to their child during the day. As accidents can happen please send a change of clothing with him/her. Rubber sole shoes must be worn to protect your child's feet.

Medication

- 1) If your child requires medication while at the centre, you will be asked to complete a Medication Authorization Form giving consent for us to administer the specified medication to your child.
- 2) Medication must not be left in a child's cubby. All medications (including inhalers) must be handed to a staff member and stored in a locked container.
- 3) Only medications with a current date that are prescribed by a doctor and are in the original container will be administered to your child.

Pediculosis (Head Lice) Policy

Definition: "Head Lice" is an infestation of the scalp by a tiny parasite. These parasites do not pose a health hazard although they cause uncomfortable itching. They are easily passed from one child to another by direct contact or by contact with personal items.

- 1) Parents will be informed if there is any evidence of head lice in the Centre.
- 2) Parents are asked to check their children's heads daily.
- 3) If it is suspected that a child has head lice, the parent will be contacted and will be asked to pick up their child/children and to treat him/her before returning the child to the Centre.
- 4) All eggs must be removed from the strands of hair before returning to the Centre, so that children are not infected again.

Anaphylactic Allergies

The Cochrane Child Care Centre/Garde d'enfants de Cochrane has implemented a policy to:

- Minimize the risk of an anaphylactic reaction to children while in care with us.
- To ensure that all staff, volunteers and students have adequate knowledge of causative agents, immediate responses are taken by all and appropriate treatment is initiated immediately including competently administering an Epi-Pen if necessary.
- To raise the awareness of anaphylaxis and how to manage this through education and policy implementation.

***A copy of our policy will be provided to you upon enrolment if your child has an anaphylactic allergy. * We do not permit food with nuts, nut products or that has been cooked in peanut oil and coconut or coconut oil to be brought into the Centre.**

If your child has an anaphylactic allergy, you will be asked to prepare in conjunction with the Child Care Centre an "Emergency Allergy Alert Form." This form will contain information about what the child's allergy is, what are his/her symptoms, what emergency precautions will be taken if a reaction occurs and a list of emergency contacts.

Snacks and Lunches

- 1) The Child Care Centre provides a nutritious morning and afternoon snack and a lunch that adheres to the Canada Food Guide.
- 2) The menu is posted in each program room. Children are encouraged to try all foods.
- 3) Please inform staff of any food allergies your child may have.
- 4) The food is prepared on-site by a staff member certified in Safe Food Handling.
- 5) We are a "**NUT FREE**" environment this includes coconut. Please wash your child's hands and face upon arrival at the centre.
- 6) Children under the age of one year old will be fed following the written instructions provided by their parents. Parents may review the menu and highlight any items that are safe for their child to consume. If the child requires food that is not offered it must be provided by the parents in a container clearly labelled with the child's name.
- 7) Families who are bringing in food will be informed if there are any foods that children in attendance have an anaphylactic allergy to and foods that contain these ingredients are not to be brought into the Centre

Guidelines for the Content of Bagged Lunches

Director approval from the Ministry of Education not needed for children aged 44 months and older who bring a bagged lunch. The Centre will continue to provide meals and snacks to all children in attendance. The bagged lunch guidelines are for those who may have food intolerances, who require a special diet, or for religious reasons.

Lunches and a minimum of 2 snacks should include a variety of foods from each of the 4 food groups. Referencing Canada's Food Guide. Fruit Whole Grain Bread Cheese Vegetables Fruit Salad Pasta Yogurt Salad

We promote a nut-free environment and we ask parents not to pack anything containing nuts (including foods that "may contain nuts") in your child's lunch.

Please ensure that lunches **do not include** foods with low nutritional value and/or high in sugar content such as;

Potato Chips Chocolate Bars Soda Pop Candy

Allergy Awareness Procedures

- ✓ Staff will be monitoring the contents of lunches to ensure food does not contain Peanut/Tree Nuts or have come into contact with Peanuts or Tree Nuts.
- ✓ Parents will be notified when concerns arise regarding the nutritional adequacy and/or presence of allergens in snacks and meals.
- ✓ Food Allergy Lists are posted in the program space where lunch takes place.
- ✓ Parents are to notify Centre staff in writing with regards to any Allergies or Food Intolerances.
- ✓ Lunches must be labeled with the child's name including containers for individual storage of food.
- ✓ Lunches will be refrigerated when possible. Please send an ice pack with your child's lunch for when a refrigerator is not available.
- ✓ When lunches do not meet the bag lunch guidelines for nutritional value or allergens are present, the Centre will have on hand extra snacks to supplement. · Examples; Apples, Crackers or Rice Cakes.

All staff, students and volunteers will review this plan prior to employment or placements.

Prohibited Practices

In accordance with the Child Care and Early Years Act the following are defined as unacceptable discipline measures:

Ontario Regulation 137/15

48 No licensee shall permit, with the respect to a child receiving child care at a child care centre it operates or at a premises where it oversees the provision of child care,

- (a) Corporal punishment of the child;
- (b) Physical restraint of the child, such as confining the child to a high chair, car seat, stroller or other device for the purposes of discipline or in lieu of supervision, unless the physical restraint is for the purpose of preventing a child from hurting himself, herself or someone else, and is used only as a last resort and only until the risk of injury is no longer imminent;

- (c) Locking the exits of the child care centre or home child care premises for the purpose of confining the child, or confining the child in an area or room without adult supervision, unless such confinement occurs during an emergency and is required as part of the licensee's emergency management policies and procedures;
- (d) Use of harsh or degrading measures or threats or use of derogatory language directed at or used in the presence of a child that would humiliate, shame, or frighten the child or undermine his or her self-respect, dignity or self-worth;
- (e) Depriving the child of basic needs including food, drink, shelter, sleep, toilet use, clothing or bedding; or
- (f) Inflicting any bodily harm on children including making children eat or drink against their will.

Serious Occurrences Policy

In the event of a Serious Occurrence, the following steps will be taken:

1. Immediate attention is to be provided as required: Provide First Aid or call 911.
2. Staff will report the occurrence to the Supervisor or the person in charge immediately.
3. This person(s) are responsible for conducting a preliminary inquiry which includes:
 - (a) contact the parents of child involved;
 - (b) ensure all persons having knowledge of the occurrence remain at the site until excused;
 - (c) inform the Centre Manager/ Operator of the Child Care Centre;
 - (d) Supervisor/Manager will complete the Serious Occurrence Initial Notification Form on the Child Care Licensing System within 24 hour period.
 - (e) Within seven business days of submitting the "Initial Notification Report", complete and submit the "Serious Occurrence Inquiry Report", even if the information and actions have yet to be completed. This follow up is conducted with parents, involved staff and the child care centre.
4. The Supervisor/Operator will complete a Serious Occurrence notification Form to communicate information to parents about the serious occurrence that has occurred in the center.
5. The Serious Occurrence Notification Form will be posted in a conspicuous place in the center at or near the entrance commonly used by parents. The form will be posted near the child care License and Licensing Summary chart.
6. The Serious Occurrence Notification Form is updated as the operator takes additional actions or investigations are completed.

7. The Serious Occurrence Notification Form is posted for a **minimum of 10 business days**. If the form is updated with additional information such as additional actions taken by the operator, the form remains posted for an additional 10 business days from the time of the update.

Emergency Management

In case of emergency requiring evacuation of the Cochrane Child Care Centre, the staff will transport the children to the Lady Minto Hospital, 241 Eight Street. 705-272-7200.

In case of emergency requiring evacuation of the Garde d'enfants de Cochrane, the staff will transport the children to the Cochrane Child Care Centre, 435 Tenth Avenue. 705 272-4812

The alternate site would be the Lady Minto Hospital.

In the case of any emergency occurring at either Child Care sites a parent of each child will be contacted as soon as possible. In the case that a parent is not able to be reached than the Emergency contact listed for each child will then be notified.

Behaviour Management Policy

Policy:

It is the Behaviour Management policy of the Cochrane Child Care Centre/Garde d'enfants de Cochrane to focus on the needs of the individual child. Behaviour will be managed through encouragement and redirection to develop a positive self-image, foster independence, and encourage self-discipline. We believe that all participants have the right to a nurturing, safe environment where they can feel comfortable and secure.

No staff, volunteer or student shall use corporal punishment, deliberate, harsh or degrading measures that would humiliate a child or undermine a child's respect. Also deprivation of a child's basic needs including food, shelter, clothing or bedding will not be tolerated.

The first process in our behaviour management strategy is understanding child development. This enables us to know the level of understanding that the child has and helps us to determine the strategies to use. Staff, students and volunteers are expected to use the following behaviour management practices when necessary:

1. The teachers set clear limits for the children. The limits are consistent, relevant to the developmental stage of the child, and fair. Once stated, they must be followed through.
2. Expectations for a child are clearly and positively stated. It is our belief that having these clear expectations ensures that children feel secure in their environment.
3. The child is offered choices when he/she needs to make a decision.
4. All staff will use the same method using a team approach. The child's needs are discussed, and a procedure(s) put into place.
5. Different approaches will depend on different situations and different children, for example:
 - **In the Infant and Toddler Program**, the focus is on redirecting, feeling recognition, and encouraging the use of language, redirection, feelings labeled, use of language encouraged,

simple explanations of why certain behaviours are unacceptable, to use positive reinforcement of desired behaviour, both verbal and non-verbal, etc...

- **In the Preschool Program**, the focus is on allowing the children to problem-solve for themselves and using lots of verbalization: redirection, act as a mediator to help children solve their problems, explain why behaviour is inappropriate, make a choice for the child and/or offer other choice alternatives, ignore inappropriate behaviour (when possible), remove the child from the situation until he/she can interact appropriately, and to follow up to discussing the problem with the child before he/she returns to the activity, hold child's hand (i.e. on outings), etc...
- **In the Kindergarten and School-Age Programs**, the focus is on self-control and self-direction: use positive verbal and non-verbal reminders in regards to inappropriate behaviour, redirection, act as a mediator to help children solve their problems, verbal problem-solving, peer-mediation, offer other choice alternatives, etc..

Any child that exhibits aggressive behaviour will be dealt with as written above and if the problem becomes more serious (i.e. throwing items, screaming excessively, biting) the parents will be notified. If the behaviour is unpredictable and endangers the child, other children or staff, the Supervisor will meet with the parents. The behaviour will be documented, and the child's behaviour will be reviewed, with a behaviour management plan prepared on how to address the undesirable behaviour. Please be advised that if at any time a child becomes unmanageable (requiring the supervision of one staff, leaving the program inadequately staffed, or endangering other children or employees), parents will be asked to pick up their child immediately.

After the behaviour management plan has been implemented and if there is no sign of improvement noted, the parent will be contacted and it may be determined that child care services to the family should be terminated.

IT IS THE POLICY OF THE COCHRANE CHILD CARE CENTRE THAT IF A CHILD IS SUSPENDED FROM SCHOOL DUE TO AGGRESSIVE BEHAVIOUR DUE TO SAFETY ISSUES WE WILL NOT BE ABLE TO MEET THE CHILD'S NEEDS AND ALTERNATE CARE WILL NEED TO BE FOUND

Parent Involvement

To achieve the quality of care described in our program, we feel parents and staff should work together. You can become involved by:

- 1) Alerting oneself to Parent Information and Parent Participation bulletin boards.
- 2) Participate in projects and fundraising.
- 3) Communicate with staff, voice suggestions and ideas.

Family Status

If you have legal documents regarding custody, guardianship, etc., we would appreciate a copy of these papers to keep on file. This is for your protection and the protection of your child. If the child care centre

is not aware of the situation existing in your home, we are legally bound to let your child go with either parent as both have legal rights.

Child Care Supervision Policy for Students and Volunteers

The Cochrane Child Care Centre/Garde D'enfants de Cochrane is committed to the safety and well-being of the children in our care. O.Reg. 137/15 under the Child Care and Early Years Act (CCEYA) provides that every operator shall ensure that every child who is in attendance in a day nursery or private-home day care location is supervised by an adult at all time.

Under no circumstances will direct unsupervised access be granted to anyone under the age of 18 years and who is not an employee of Cochrane Child Care Centre/Garde D'enfants de Cochrane.

- 1) All students and volunteers work under the supervision of Cochrane Child Care Centre/Garde D'enfants de Cochrane staff and do not have unsupervised access to children.
- 2) Volunteers and students are not counted in the staffing ratios.

No Smoking or Vaping Policy

There is no smoking or vaping allowed on the grounds, including the Child Care Centre.

Children's Belongings

- 1) Please send your child in weather appropriate play clothing and provide a change of clothes in your child's cubby.
- 2) It is the parent's responsibility to provide diapers or pull-ups, wipes and creams that your child may need. All children must have indoor and outdoor shoes. Flip Flops are not permitted. Both indoor and outdoor shoes must have a strap on the back for safety reasons. Indoor shoes may be left at the centre so they are always available.
- 3) Children must dress appropriately for the weather. All clothing must be labeled with your child's name. In the summer months children must wear a hat and at least an SPF 30 for outdoor play. In the winter months your child will require boots, hats, mittens, warm coat, snow pants and a pair of indoor shoes daily. It is helpful if a second pair of mittens is kept in your child's cubby.
- 4) To keep peace at the Centre, we ask that parents not send toys or other goodies with their children unless it is cleared by the staff first, with the exception of Show and Tell items.
- 5) The Centre is not responsible for broken or damaged possessions.

Outdoor Play

Outdoor play, in suitable weather, is a very important part of our program. As required by the Child Care and Early Years Act, your child will participate in outdoor play on a daily basis, weather permitting. Your

child should be dressed in clothing appropriate to suit the weather. If your child is too ill to participate in outdoor play, we ask that your child remain at home.

When the wind chill is 10 degrees or colder than the temperature frost bit can happen quickly, as well as when the temperature is -25 or colder, the children will remain inside. In the summer months programs will avoid being outdoors between 11 am and 4 pm during which time the UV index is the highest. Children may still play outside in wet weather and will remain inside if thunder or lightening are present.

Rest Period

Each child is provided with a rest period up to but not exceeding two hours in length following lunch time. During the rest period children are permitted to sleep, rest, or engage in quiet activities based on the child's needs. Your child may bring from home a special blanket or cuddly that he/she likes to sleep with. Children in the Infant Program rest according to their sleeping patterns as identified in consultations with each child's parent or caregiver. All sleep arrangements and special instructions must be provided in writing. Children 12 months and younger will be placed to sleep following the recommendations set out in the Joint Statement on Safe Sleep.

Field Trips

Parents/guardians will be given specific notice of field trips, indication mode of transportation, date, time and location. We may walk or take a school bus to places like the police station, fire station, parks, swimming pool, etc. A signed permission slip/waiver must be signed and returned to the centre to authorize children's participation. If there is a cost to the field trip the total price will be divided between each child participating and the fees will be collected beforehand.

Questions, Suggestions and/or Concerns

If at any point parents have any questions, suggestions and/or concerns, we encourage the parents to talk with their child's educator. You may also speak with the Supervisor and/or Manager to address any issue of concern you may have. We always encourage positive feedback from parents about the centre, staff and children.

Additional Information

Additional information about the Child Care and Early Years Act 2014, Ontario's Pedagogy for the Early Years, child care options, and other supporting documents can be found at www.ontario.ca/childcare

Additional information about the Cochrane Child Care Centre can be found at www.cochraneontario.com/content/cochrane-child-care-centre

You can find us on Facebook for updates on activities and program reminders.

Summary

These policies concern you and your child. They have been set to meet and satisfy the needs of your child(ren) and to promote and sustain the effective and efficient running of the Cochrane Child Care Centre/Garde d'enfants de Cochrane.